

# **Gold King Charitable Trust**

[Annual Report 2025]





Presented by Managing Trustee

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## **Gold King Charitable Trust**

**Annual Report: 2024 - 2025** 

GOLD KING CHARITABLE TRUST

Message from the Managing Trustee & Director

It is with great pride that we present the **5th Annual Report** of the Gold King Charitable Trust, covering the period from **April 2024 to March 2025**. Established in **loving memory of Mr. S. Bharnabas (A) Thanga Raja in Kanniyakumari District**, the Trust remains steadfast in its mission to promote community development and welfare.

The Gold King Charitable Trust remains deeply committed to its mission of **community development and welfare.** Through various initiatives—including **educational support via tuition center**, **environmental activities**, **welfare programs for the underprivileged, and free cancer screening medical camps**—we strive to make a meaningful and lasting impact on the lives of community members, with a special focus on children and women.

We extend our heartfelt gratitude to the dedicated individuals who have played a vital role in supporting our initiatives. Special thanks to **Programme Coordinator and Trainer**, **Mrs. J. Mary Deepa**, who has been the backbone in establishing the Star Tuition Centre. We appreciated the trainers who are **Mr. G. Marceline Gabriel**, **Mrs. T. Shobana**, and **Mrs. T. Immaculate Gilbert**—for their unwavering commitment to education. We are also grateful to **Rev. S. Anto Vinoth Kumar**, a social work trainee from **Nanjil Catholic College**, **Kaliyakkavilai**, for his enthusiastic involvement in our community efforts. Our sincere appreciation goes to **Rev. Fr. Charles**, Director of **St. Xavier's Multi Speciality Hospital**, **Chunkankadai**, for his invaluable support in organizing a **free cancer screening medical camp**, which greatly benefited local residents.

We look forward to the continued support of our partners, stakeholders, and well-wishers as we pursue our mission to bring **smiles**, **happiness**, **comprehensive care**, and **sustainable development** to every member of our community.

#### With Thanks and Best Regards,

D. Cathrine Mary, MSW.,

Managing Trustee & Director, Gold King Charitable Trust, Kurusady.

#### Vision

GK Trust creates a smile, happiness, comprehensive care and sustainable development among vulnerable and underprivileged members of the community in the society in which people live in dignity, security, justice, freedom, humanity and equality.

#### Mission

To help vulnerable, marginalized and underprivileged members in the community without discrimination of religion, caste, creed, race and gender among the poor & neglected senior citizens, dying destitute, poor & orphan / semi orphan children, adolescent and women by sustainable development activities and charitable activities.

#### **Objectives**

- To establish day care centres, homes, etc., for accommodating children, poor and the helpless persons, neglected senior citizens and dying destitute to provide free food, education, medical care, shelter, clothing, and rehabilitation towards better health and care.
- To establish tuition centre and to provide educational assistance / support to orphans, students from the lower strata of community and students from economically weaker section who cannot afford to get themselves educated, to take up education, by paying tuition fees, examination fees, uniforms, books, bags etc.
- To establish educational training centre and providing vocational & skill training for the growth, development and sustainable livelihood support to the underprivileged people.
- To conduct and promote charitable activities for the general welfare of the poor without discrimination of caste, creed, race, religion, sex, etc. in the rural, urban, and slum areas.
- To conduct medical camp and to provide medical assistance, health care for the benefits of poor and deserving communities.
- To create awareness among the people for the protection of the environment, public health & diseases and legal rights.
- To provide emergency relief and aid to the people affected by natural calamities.
- To conduct social service activities and to uplift the downtrodden with the cooperation, networking and linkages of community, government allied departments and NGOs.

#### **Activities and Achievements**

During the fiscal year 2024–2025, the **Gold King Charitable Trust** achieved several significant milestones that reflect our commitment to community development:

#### 1. Relief of the Poor:

**c. Food Support for Senior Citizen:** During April 2025, a senior citizen received daily morning breakfast as part of a service provided by Mrs. Prema, who diligently prepared and served breakfast each day to elderly brought comfort and nourishment to those in need.

#### d. Counselling Service & Welfare Service (Painting for her New House) for a Woman

#### **Case Study**

**Introduction:** A married 49-year-old woman facing emotional, social, and economic challenges due to her husband's mental illness and alcoholism. She also suffered emotional distress due to the delay in completing her new home, which was constructed with support from government and women's welfare initiatives.

**Family history:** She revealed the family history that her father died in 2010 and her mother is living with her brother house. She has only one brother. She married her husband 19 year ago in 2002. Her husband is an alcohol addicted person, and her husband also has mental illness. She has two girl children. First child is studying eleventh std and second child is studying tenth std. Her family is a nuclear family.

**Educational History:** She Completed 10th standard.

**Economical History:** She Works as a daily wage laborer (coolie), earning Rs. 5,000 per month. The income is inadequate for family needs. She received financial support from the Government and the Women Commission to construct a house. She unable to afford painting work for the new house due to financial constraints.

**Social background:** She faces difficulties in social participation due to her husband's condition. She misses family functions but maintains cordial relationships with friends and the community. She known for a hardworking attitude and responsibility in both domestic and work life.

**Psychosocial diagnosis:** She had emotional distress due to husband's mental health and substance abuse, Incomplete painting work delaying their move into a new house and ongoing financial struggles.

Counseling Services: Counseling Service was provided by GK Trust for her to come out from stress, worries & sad and motivated her to support the husband in the treatment process of mental illness of her husband.

She accepted all her limitation. A social work trainee discussed with the director on 11.02.2025 regarding the need of her. The director accepted to



do financial support for her in order to do painting work in her house. In the same day, she received financial support from the director of Gold King Charitable Trust to do painting. So, she was happy and felt stressless.

Present Situation (Outcome): At present, she completed the painting work in her new house with support of Gold King Charitable Trust and moved into her new house with her husband and children. Now she felt happy and got stress free from her worries. She is actively taking care of her husband and supports her children's education.

**Conclusion:** This counselling services and financial aid could significantly



improve the quality of life for the woman in crisis related to poverty, caregiving and mental health challenges within the family. Through timely counseling and welfare support, she was empowered to overcome a critical obstacle and regain emotional stability.

#### 2. Education Support Initiatives

#### • Establishment of Star Tuition Centre by Gold King (GK) Charitable Trust

The one of the main objectives of GK Trust is

• To establish tuition centre and to provide educational assistance / support to orphans, students from the lower strata of community and students from economically weaker section who cannot afford to get themselves educated, to take up education, by paying tuition fees, examination fees, uniforms, books, bags etc.

On the occasion of its 5th Annual Day, held on 30th January 2025, the Gold King (GK) Charitable Trust established the **Star Tuition Centre** at Azhickal, located in Kanniyakumari District. A rental agreement for the premises, situated at **24/13**, **Middle Street**, **Near Vicariate Bank**, **Azhickal** – **629202**, was formalized on the same date.

To ensure quality academic support for local children, the Trust appointed a dedicated team of four trainers at the centre, which includes **one Programme Coordinator cum Trainer** and **three additional Trainers** on 01.02.2025. This initiative marks a significant step towards enhancing educational opportunities **for children in the Azhickal coastal region and and personal growth for children.** 

Totally around 68 children enrolled in the academic year 2024-2025 from February 2025 to March

2025. There were 2 children from 1<sup>st</sup> Std, 1 child from 2<sup>nd</sup> Std, 3 children from 3<sup>rd</sup> Std, 9 children from 4<sup>th</sup> Std, 3 children from 5<sup>th</sup> Std, 6 children from 6<sup>th</sup> Std, 9 children from 7<sup>th</sup> Std, 16 children from 8<sup>th</sup> Std, 8 children from 9<sup>th</sup> Std, 4 children from 10<sup>th</sup> Std, 3 children from 11<sup>th</sup> Std, 4 children from 12<sup>th</sup> Std. Totally 68 children benefited in the



academic year 2024-2025 through this Tuition Centre.

#### 3. Medical Relief (Medical Camp)

#### Introduction

A free medical camp was jointly organized by St. Xavier's Multi Speciality Hospital, St. John's Medical College, Nanjil Arts and Science College, and Gold King Charitable Trust Nagercoil on 09.03.2025 at St. Vincent De Paul Primary School Campus, Periyavilai Near Manavazhakurichi. The camp provided free cancer screening tests and general medical check-ups to the local population, aiming to promote early detection and timely intervention.



#### Aim

"Provide Free Cancer Screening Tests and General Medical Check-ups to Local Population Ensuring Early Detection and Timely Intervention through Medical Camp".

### **Objectives**

The primary objectives of this medical camp were

- To provide free medical consultation for general health concerns.
- To conduct early screening for cancer symptoms among patients.
- To provide prostate cancer screening through a specialized test for men

- To provide pap smear and Serum PSA tests for women.
- To raise awareness about preventive healthcare measures.
- To refer patients requiring further medical attention to appropriate healthcare facilities.

#### **Number of Participants**

104 Community people got medical check-up and 33 participants got medical support and early detection of cancer screening test.

#### **Programme Execution**

The programme was held on 09.03.2025. S. Anto Vinoth Kumar, the social work trainee from

Nanjil Catholic College of Arts and Science, Kaliyakkavilai started the programme around 9 am and finished at 2 pm. The trainee wished all the participants for attending for the awareness programme in the meeting hall at St. Vincent De Paul Primary School Campus, Periyavilai, Near Manavazhakurichi.



The Inaugural session of them programme started with prayer song. Mrs. Joseph Densly, the secretary of parish council gave welcome address for the programme. She welcomed the chief

guests Rev. Fr. Charles, Director of St. Xavier's Multi Speciality Hospital, Chunkankadai, and Dr. Swetha, Dr. Pooja and Dr. Preyarna, from St. John's Medical College, Bengaluru, Rev. Fr. Francis De Sales, Parish Priest, Periyavilai, Dr. Naveen Sathish from St. Xavier's Multi



Speciality Hospital, Chunkankadai, Mrs. S. Mary Pelsit, HOD of Dept. of Social Work, Nanjil Catholic College of Arts and Science, Kaliyakkavilai. Mrs. D. Cathrine Mary, Director of Gold King Charitable Trust, Kurusady and community people.

Rev. Fr. Francis De Sales, Mrs. S. Mary Pelsit and Mrs. D. Cathrine Mary gave felicitation. They all spoke about the cancer screening & medical camp and then congratulated the trainee for conducting the programme successfully.

Dr. Naveen Sathish from St. Xavier's Multi Speciality Hospital, Chunkankadai and Dr. Swetha, Dr. Pooja and Dr. Preyarna, from St. John's Medical College, Bengaluru spoke about cancer disease and prevention measures. During the programme, the president of the programme Rev. Fr. Charles, Director of St. Xavier's Multi Speciality Hospital, Chunkankadai explained about importance of cancer screening test. Then S. Anto Vinoth Kumar, the social work trainee from Nanjil Catholic College of Arts and Science, Kaliyakkavilai gave vote of thanks for the persons who all came for the inaugural session of the programme.

After the inaugural session, the medical camp started with registration, diabetic blood test, BP test and weight measurement. The doctors conducted medical check-ups, including cancer screening tests such that offer specialized tests for cancer detection, including prostate cancer screening for men and Pap smear and Serum PSA tests for women.



Provide counselling and awareness sessions on cancer prevention and early **detection**. **Free medicines** which prescribed by the doctor were provided by the nurses. The doctors also provide referral services for participants who require further medical attention. Collected feedback from participants, volunteers, and medical



professionals. Finally, the Free cancer screening and medical check-up camp was finished around 2 pm.

#### **Out Come**

104 Community people got medical check-up and 33 participants got medical support and early detection of cancer screening test. All participants received information about awareness on cancer prevention. Most of the participants got free medicine. Through this free cancer screening camp 20

persons identified as early cancer detected persons. So, these persons received medical treatment for cancer.

#### **Feedback**

Participants expressed their gratitude for organizing medical camp. The program's community-based approach, collaboration with healthcare providers, and focus on health education and awareness were strengths that contributed to its success.



#### **Conclusion**

The free medical camp was a successful initiative that provided access to quality healthcare and early cancer screening to the local population. The camp promoted awareness about preventive healthcare practices and identified high-risk individuals who require further medical attention. We look forward to continuing such initiatives and strengthening community health initiatives through collaborative efforts. The experience highlighted the need for sustainable and community-driven health programs that address the specific needs and priorities of the community.

# தினகரன் **மாவட்டம்**

## மணவாளக்குறிச்சி பெரியவிளையில்

# புற்றுநோய் விழிப்புணர்வு - கண்டறிதல் முகாம்

நாகர்கோவில், மார்ச் 12: களியக்காவிளை நாஞ் சில் கத்தோலிக்க கலை மற்றும் அறிவியல் கல் லூரியின் சமூக பணித் துறை, சங்கான்கடை புனித சவேரியார் பல் நோக்கு மருத்துவமனை, பெங்களுரு செயின்ட் ஜான்ஸ் மருத்துவக் கல் லூரி மற்றும் கோல்டு கிங் தொண்டு நிறுவனம் ஆகியவை இணைந்து மணவாளக்குறிச்சி அரு கில் உள்ள பெரியவிளை புனித வின்சென்ட் தே பவுல் தொடக்கப்பள்ளி வளாகத்தில் இலவச புற் றுநோய் கண்டறிதல் மற் றும் பொது நல மருத்துவ முகாமை நடத்தினர்.

இம் மருத்துவ முகா மில் புனித சவேரியார் பல்நோக்கு மருத்துவம னையின் இயக்குநர் சார் லஸ் தலைமை தாங்கி னார் பங்கு அருட்பணி பேரவை செயலாளர் தோசப் டென்சிலி வர



பெரியவிளையில் நடந்த புற்றுநோய் கண்டறிதல் முகாம்.

வேற்றார். பொதுந்ல மருத் துவர் டாக்டர் நவீன் சதீஸ், புனித ஜான்ஸ் மருத்துவ கல்லூரி மகப்பேறு மகளிர் மருத்துவர்கள் ஸ்வேதா, பூஜா; பிரேயர்னா ஆகி யோர் புற்றுநோயிலிருந்து பாதுகாத்துக் கொள்வது பற்றி கூறினார்கள்.

நாஞ்சில் கத்தோவிக்க கலை மற்றும் அறிவியல் கல்லூரியின் சமூக பணித் துறை தலைவர் மேரி பெல் சிட், பெரியவிளை பங்குப ணி யாளர் பிரான் சிஸ் தே சேல்ஸ், கோல்டு கிங்

தொண்டு நிறுவன இயக்கு நர் கேத்ரின் மேரி உள்ளிட் டோர் கலந்து கொண்ட னர். மாணவர் ஆன்றோ வினோத் குமார் நன்றி கூறினார். இம்மருத்துவ முகாமில் 104 பேர் கலந்து கொண்டு புற்றுநோய் பற்றிய விழிப்புணர்வை பெற்றுக்கொண்டு பொது மருத்துவ பரிசோதனை செய்து கொண்டார்கள். குறிப்பாக 33 பெண்கள் புற்றுநோய் கண்டறிதல் பரிசோதனை செய்து கொண்டனர்.

#### 4. Preservation of Environment

#### **Beach Clean-up Programme**

On April 9, 2024, the Gold King Charitable Trust and Reaching the Unreached Neighbourhood (RUN) Students of the English Department at Holy Cross College (Autonomous) joined hands to organize a Beach Cleanup Programme at Annai Nagar in Kanyakumari District. The event commenced at 10:30 am with Mrs. D. Cathrine Mary, Managing Trustee of GK Charitable Trust, extending a warm welcome to all participants and providing an overview of the program's objectives.

The felicitation address was delivered by Rev. Fr. Rymand, acknowledging the efforts of all involved in the initiative. Students from the RUN programme, part of the English Department's SF (Self-Financing) stream at Holy Cross College, enthusiastically volunteered to clean the beach. They diligently collected various items such as plastic spoons, plastic bags, flip-flops, broken glass, discarded clothes, and paper cups strewn across the beach area.





The cleanup activities were conducted with zeal and commitment, aiming to restore the cleanliness of Annai Nagar beach. The program concluded with a vote of thanks delivered by the staff members from Holy Cross College, expressing gratitude to all participants and supporters for their contributions towards environmental conservation.



#### Outcome

26 students and 2 staff members from Holy Cross College actively participated in the beach cleanup programme at Annai Nagar. Their enthusiastic involvement not only contributed to cleaning up the beach but also demonstrated their commitment to environmental conservation and community service. Such initiatives play a crucial role in raising awareness about the importance of keeping our beaches and oceans clean. It's inspiring to see young people and educators coming together to make a positive impact on their local environment.

#### 5. Other Activities

#### Supplemental Deed of Trust on 07.08.2024

GK Trust organized Board of Trustees' special meeting on 19.07.2024 due to the death of Mr. Jerald Martin and the discussion on amendments in the objectives of the trust. During the meeting, Mrs. S. Mary Pelsit, New Trustee was appointed by the Board of Trustee of GK Trust due to the death of Mr. Jerald Martine, one of the trustees and changed the object clause of the trust in order to strengthen the objectives of the GK Trust.

According to that, GK Trust, the supplemental deed of trust was registered in the Joint Sub Register office at Nagercoil for the change of board of trustees and amendments in the object in order to promote and strengthen the objective of the trust on 7<sup>th</sup> day of August 2024 by Mrs. D. Cathline Mary, Managing Trustee of GK Trust.

#### 6. Participation in Various Programmes

#### a. Workshop on Energy Efficient Habitat

Tamil Nadu, The Department of Environment and Climate Change – TNCCM and the Indian Institute for Human Settlements (IIHS) are conducting a 'Workshop on Energy Efficient Habitat'

with the aim of enabling champions for a climate resilient Tamil Nadu. The objective of this workshop is to create awareness, educate, and engage citizens, students. the resident welfare association (RWA), and academic professionals to promote climate action, particularly actions linked to energy efficiency improvements and the reduction of greenhouse gas emissions in the building infrastructure. Mrs. D. Cathline Mary, Managing Trustee and

# Workshop on Energy Efficient Habitat



Date: 9.8.2024
Venue: Hotel Pioneer Grand Place, Nagarcoil

Director of Gold King Charitable Trust participated in the workshop on 09.08.2024 at Hotel Pioneer Grand Place, Nagercoil. It was very useful to understand the energy efficient habitat.

#### **b. SAM Meeting**

Mr. Ram Kumar, District Convenor of Social Action Movement organized meeting related to Income Tax compliance for Charitable Organizations on 27.08.2024 at 3.30 pm at Rural Uplift Centre (RUC), Parvathipuram and discussed about Income Tax compliance for charitable Organizations, Planning on new approaches and project regarding etc. Representatives from various NGOs and Director of GKCT participated in the meeting.

#### Conclusion

Gold King Charitable Trust is proud to announce the successful establishment of the Star Tuition Center, marking the achievement of our second primary objective and contributing significantly to the 4th Sustainable Development Goal - Quality Education. This initiative has positively impacted numerous children from coastal regions, providing them with educational support and opportunities for a brighter future.

Beyond education, our comprehensive community outreach programs—including food support, counseling and welfare services, free cancer screening tests, and general medical check-ups—have ensured early detection and timely intervention, especially for women in Periyavilai near Manavalakurichi. These efforts have played a vital role in enhancing the overall health and wellbeing of the local population.

In addition, our beach cleanliness drives have promoted a cleaner, plastic-free environment, directly improving the quality of life in our community. Through partnerships with colleges, local residents, and NGOs, we have also raised significant awareness about environmental preservation.

Through these sustainable development activities, Gold King Charitable Trust remains committed to building a resilient, empowered, and healthy community. We will continue to pursue our mission of fostering sustainable development progress and creating a brighter, more equitable future—where every individual has the opportunity to thrive with smile, dignity and hope.



# Thanking you

